



HEM *formation*

Humane Endeavour for Moral Awakening



1 Self-Regulation

2 Cleanliness

3 Simplicity

4 Loyalty

5 Compassion

6 Unity



*All the powers in the universe are already ours.
It is we who have put our hands before our eyes
and cry that it is dark.*

उतिष्ठ जागृत भारतः

Swami Vivekananda

Preface



Children have to grow happily. They are joyful, and spread happiness around. The birth of a child brings smile to the members of the family. They need to grow without any complexes and on the strength of their character. They learn their habits by observation from home and school and hence adults have a greater responsibility in formulating an



effective youth force.

India has a rich past of gurukul system of education wherein the students were trained to live Values first before they were trained with technical sessions on Archery or the Vedas. Only when the students were fully equipped with the maturity to handle themselves and handle their emotions, were they allowed to go to the next level of learning. As civilization caught on us, there had been less significance for this kind of education and we took to the westernized system of education where learning content and amassing knowledge became priority and training in Values became secondary.

There has been a corrosion of value system from our society due to the advent of science and technology, nuclear family and materialistic way of life, peer group pressure, mass media influence, the urge for modernization, lack of assertion on values in schools and shifting priorities of parents. Academic syllabus in schools merely reduced to imparting the facts and figures and student assessment reduced to gaining marks. Our youngsters are mis led, resulting difficulties in differentiating right from wrong. The youth has become very temperamental, restless, impatient and craving for comforts and wealth. Position and power are the watchwords for them today.

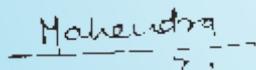
The restoration of Values in the youth would stabilize the society and spread the fragrance of love and kindness and concern for humanity. The organization believes that making monsters with knowledge of physics and chemistry and other subjects come much later, for, they have to be human beings first. Or else, the society would lose its integrity and stability. Hema Foundation, a philanthropic arm of Ram Ratna Group decided to work for imparting CULTURAL & MORAL EDUCATION to children at a very impressionable young age. It aims to cultivate better and compassionate understanding of their responsibilities towards Self, Family, Society the Nation at large, and help them become better human beings and responsible citizens.

The importance of Value Education has been long recognized but the methods to impart have not been definitive. Seeing is Believing. There is no impact quite like a visual impact. With this understanding, the Foundation has produced 48 short films on Human Values with strong meaningful messages. An interactive session between teacher and the students after viewing the documentaries shall result in self-inspired resolution for accepting and adopting the Values. The all Human Values have been classified as per their age group into std 1 to std 8. More periods conducting various activities as prescribed in *Hem-Disha* (A Teacher's Guide Book) include interesting and inspiring stories, games, skits, poems, learning from illustrious personalities etc, in order to elucidate the Values into the daily practice schedule.

Hema Foundation is expecting is a transformation of human beings into practical, sensible and lovable individuals who care for others. This describes or justifies the title of the book as "*Hemformation*" - 'Transformation like gold'. Gold gets purified each time when it comes in fire and like that the students who get in to tough situations of life, the Values brought out or learnt, must support them for a transformation. The *Hemformation*, therefore deals with those Values that are slowly to be adapted by the students across all grades with relevant stories and activities. Stories and narration of them have been the medium used in elucidating the Values, because stories have a great impact on children and it is found that they last long in their minds. For any Value to be assimilated, those Values need to penetrate in. *Hemformation* series have taken the effort to illustrate through this medium of stories from the Puranas, Upanishads and has taken life histories of illustrious people who lived in India and the world and who made humanity proud. The CBSE and NCERT have designed those Values that are necessarily to be imbibed by the students while they are at school and the book series depends on those Values for illustration. There is a subtle thread of connectivity between all these Values so that the holistic purpose of this effort is achieved.

With best regards to our teachers, love and affection to our students.

Thank You,



Mahendra Kabra
Managing Trustee



Anita Maheshwari
Trustee & Creative Director

In writing of this book

Entire concept and scaffolding of this value education material is based on pretext of world scenario today, as proudly conceived India had been the land of compassion and cohesion bereaved humanity strives for Great Indian culture, customs and traditions have been sheltering, promoting and spreading peace, cohesion and prosperity amongst all life forms on earth, rich in its values Indian soil provides bedrock of fragrance and empowered life.

Shri Mahendra Kabra, Chairman and Managing Trustee of Hema Foundation, has been the real soul behind preparation of this book along with Trustee and Creative Director, Ms. Anita Maheshwari.

Entire concept, selection of content and methodology of text flow has been aligned and corroborated with latest guidelines of National Education Policy draft 2019 and National Curriculum Framework (NCF) Delhi.

Before producing this book, research based on modus operandis of Indian academia was thoroughly researched, numerous sessions of discussions with educational authorities, principals, teachers and students were held to streamline flow of text and relevance with education system and world.

Before preparing the final draft, approach of child's mind, psychology of education and pedagogy of our classrooms was seriously corroborated and all the exercises in this book are planned in a manner that this content invokes an automatic stimulus in reader's mind and prepares ground for taking these values in life forward.

Ms. Hetal Desai, Ms. Anubha Daga and team Rajasthan Ruchi Rastogi, Vandana Singh, Ankita Ranawat and Pawan Rajput of Hema Foundation have been pivotal in editing the contents along with Subhash Medekar and Pooja Chavan in carrying out the tedious task of designing.

Also thousands of teachers and students also deserve a sincere gratitude for standing with the team of Hema Foundation that helped in formulating the basic design of this book.



Dr. Nagpal Singh
Educationist and Cognitive Psychologist
Writer



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An Important Read

Definition of a country is always marked by its community discourse which sought values and positivity. But, ironically things around are getting increasingly inclined towards violence, social evils and lack of respect towards world around them. People who become great statesmen, sports persons or business entrepreneurs have certain things in common. They are all vigilant about their surroundings. They all know how best to use what they have. They all believe in hard work and in doing things which are good for the society. Creation of such values in our youth is the end product of value education.

The first school a child attends is his home and parents are the first teachers. With the help of their, conduct and behavior they induce an influence on their children. They play a major role, in inculcating values in their children. Values are essential for a sound character and personality. But at times, due to their sheer negligence, a child fails to accept morally and ethically accepted values. The second major role is that of as teacher. The teachers play a very important role in the society and they are considered as nation builders, personality developers, guides, etc. But in the modern era, there are number of factors which are responsible for degradation of the status of teachers, for their poor performance and for the decline in the teaching of values. This book provides information about how parents and teachers can inculcate these values in children and contribute in nation building. Finally, the book emphasizes on teachers' role in all spheres of society.

Introduction

“The value concept is able to unify the apparently diverse interests of all the concerned with human behavior.”

In our culturally plural society, education should foster universal and eternal values, oriented towards the unity and integration of our people. Such value education should help eliminate obscurantism, religious fanaticism, violence, superstition and fatalism. Apart from this combative role, value education has a profound positive content, based on our heritage, national goals, and universal perceptions. It should lay primary emphasis on this aspect.

National Policy on Education, 2005

Values enshrined in the Constitution of India point towards the principles of equality and social justice and appreciation of cultural values of each other,

dignity of all individuals, etc. Values such as equality, fraternity and justice can promote inclusivity where all members of the society feel included irrespective of their color, culture, economic or social background, caste, religion, gender or community. The culture of inclusivity is particularly relevant and important in the context of our society, nation and making education a right for all children. The aim of education, thus, can no longer be solely confined to learning of specific culture and its traditions but that of learning and appreciation of multi-culture.

- 'Education for Values in Schools – A Framework' by NCERT

At the beginning of the second decade in 21st century, the education of future citizens needs to be redressed so that a better balance is achieved between academic excellence, human values and oral perceptions. Since World War II, the world has been a witness to a continuous and steady deterioration of values in moral standards all over the world. Braun, developer of World War II rockets says "If the world's ethical standards fail to rise with the advance of our technological revolution, we shall perish". The whole country is experiencing massive erosion of values. political and economic corruption, scandals and scams, antisocial and anti-national Activities, etc., are on the rise all over the country.

When we look at the modern society we can visualize that violence, exploitation, political corruption, and corruption in public life, terrorism, arms race, and production of nuclear bombs are on the rise everyday and it clearly shows the degradation of value systems. The application of scientific and technological knowledge to the comforts of man has reduced him to a mechanical being, resulting in degeneration of the value system.

Meaning of Education

Education undoubtedly is one of the most powerful agencies in molding the character and in determining the future of individuals and nations. Thus, the whole realm of education is centered on the development of the moral aspect of man. Plato emphasized that educational effort should aim at the promotion of virtue. Herbert declared that the whole work of education, which is a long and complex training, should focus on one particular thing that could be summed up in the concept "Morality".

The University Education Commission (1964-66) summarizes the Indian concept of education as follows; "Education according to Indian tradition, is not merely a means of earning a living; nor is it only a nursery of thought or a school for citizenship. It is the initiation into a life of spirit, a training of human

souls in pursuit of truth and the practice of virtue.”

“The first duty of the education system is to teach wisdom, not trade; character, not technicalities” says Winston Churchill. Educated persons are those who can choose wisely and courageously under any circumstances. If they have the ability to differentiate between good and bad, wisdom and foolishness, virtues and vulgarities, regardless of the academic degrees they have, then they are educated. Life-centered ethics have to be dealt with, to develop the will, to live a moral good life, to keep away from evil, to develop a spirit of sacrifice and an attitude of consideration for others. Education plays key role in making people aware of value environment. Positive attitude needs to be inculcated from childhood through parents and other members of the family and teachers. There is sufficient psychological evidence that morality is learnt, and can be controlled and directed. Learning controls impulses, moral rules and principles and it is a valuable guide, to apply the principles to new situations. For Swami Vivekananda, the goal of education is “Man making”. It is making of the whole human being.

Values

“Value” comes from the Latin word “Valera” which means to be of worth, to be strong. The dictionary gives the following meaning: relative worth, utility or importance, degree of excellence, something intrinsically valuable. Value literally means something that has price, something precious, dear and worthwhile; therefore something one is ready to suffer and sacrifice for; if necessary one is ready to die for it. Values are standards, rules, criteria, attitudes, guidelines, desirable ideas/beliefs and important things, which play a crucial role in shaping the life of individuals. Values give direction and firmness to life. They identify a person, giving him a name, a face and a character. Hence they bring joy, satisfaction and peace to life.

Values are those standards or codes of conduct, which are conditioned by one’s cultural tenants, guided by conscience, according to which, one is supposed to conduct himself and shape his life pattern by integrating his beliefs, ideas and attitudes with a view to realize the cherished ideals and aims or life. High values lead to objective, fair and correct decision and action and ensure the welfare of all concerned, while low value does exactly the opposite. Values are essential for all persons, recognizing the fact that the individual is comprised of physical, intellectual, emotional, and spiritual dimensions.

Value is the relation between a person and an environmental situation, which evokes an appreciative response in the individual. The other complimentary function of value is, that it contributes to the welfare of the larger social unit

such as family, the community and the nation of which the individual is a member.

Value system contains

- A set of beliefs about nature of man
- Rules laying down what ought and what ought not to be done
- Motives that incline us to choose the right and wrong course. The following ten basic themes may also form a part of value education
 - ✦ **Think positive.**
 - ✦ **Be compassionate and do no harm.**
 - ✦ **Recognizing innate peace.**
 - ✦ **Cooperation and Collaboration.**
 - ✦ **Humility and Integrity.**
 - ✦ **Rational Introspection.**
 - ✦ **Rationality and Critical thinking.**
 - ✦ **Promotion of peace and benevolence.**
 - ✦ **Cohesion and integration.**
 - ✦ **Nature's preservation.**

It is important to remember that value education is not another subject. It performs two important functions in the curriculum. Firstly, it unifies all other subjects under a holistic vision of values. In the absence of such a holistic view the learning done in subjects tends to be fragmentary and remains superficial. Secondly, value education humanizes education.

Classification of Values

- Personal Values** : The principles and ideologies that a person follows in personal life.
- Universal Values** : Principles that all people across the planet are expected to adhere to.
- Human Values** : Principles and ideologies that are basic to human nature to make their life smooth and happy.
- Religious Values** : Person's beliefs and faiths in a particular thought which act as a guide for reasoning between good and bad.
- Civic Values** : Principles, which guide in the do's and don't's of the

citizens.

Moral Values : Principles and directives, which enables us to follow the correct and right path.

Spiritual Values : Principles, which give directives to follow a faith in some philosophical.

Need for Human Values in the Society

Education is general and value education in particular occupies a prestigious place in the modern context of the society. Education and values are inseparable. They are two sides of the same coin. Value oriented education has come into force to promote a sense of morality, aesthetic and intellectual knowledge among the students. value education has the capacity to transform a confused mind to a very young, fresh, innocent, healthy, natural and attentive mind. The transformed mind is capable of higher sensitivity and a high end level of perception. Sri Ramakrishna Pramahansa also stated that education is the process that tells us how to live life well; how to find happiness; how to make others happy; how to manage all kinds of people and happenings as well; and how to grow and succeed in the right manner.

Today there is deterioration of values in the society. The values have been neglected not only at the social level but at the national level also. In the educational programmes only mental developments have been stressed. In the modern age, the aim of education is all round development of personality. In the present educational system, provision has been made for intellectual education by giving importance to intellectual development. Thus to be successful in life, important human qualities along with intellectual development should be the aim of value education. Value education is the positive effort towards bringing about a synthesis of different values in a human being. It is the teachers' role to foster human values through their teaching in the classroom and follow those values. To the youth of today, the classroom messages are love, safety, security, belongingness and warmth. Einstein remarked once: "try not to become a man of success, but try to become a man of values."

Meaning of Value Education

Value Education, as it is generally used, refers to a wide range of learning and activities ranging from training in physical health, mental hygiene, etiquette and manners, appropriate social behavior, civic rights and duties to aesthetic

and even religious training. Value education is simply a matter of developing appropriate behaviour and habits involving inculcation of certain virtues and habits. In opposition to such a conception, it is pointed out that value education has an essentially cognitive component in it and that this should not be ignored. There are three basic institutions that influence value education – the home, religious institutions and the schools.

Today we are talking of value education, value based politics and value based society. All of us feel that the values are falling and nobody is respecting them. In an enthusiasm to point fingers at others, we do not realize that we too have contributed to this fall. But, what are these values? Values are a set of desirable behavior by following which it is good for the individual and also the society. That exactly is the reason as to why values are not taught, lectured about or professed. They are only demonstrated. Two categories of people who make maximum impact on the personality of an individual in the formative years of life which remains all through the life are the parents and the teachers. Incidentally, it is this class of people who become role models - good or bad, without their consent or knowledge. Parents, teachers, family, school, environment, friends, society and religion- all these wield a great influence on the child. Academics and Co-curricular activities both help in teaching values. Meditation, Value Based Education, Music, Self-analysis, Positive affirmations and Resolutions help in improving our character. The suggestions and words spoken by the parents and others affect the character and good conduct of a child.

- * **Values are beliefs. But they are beliefs tied inextricably to emotion.**
- * **Values are a motivational construct. They refer to the desirable goals people strive to attain.**
- * **Values transcend specific actions and situations. They are abstract goals. The abstract nature of values, distinguishes them from concepts like norms and attitudes, which usually refer to specific actions, objects, or situations.**
- * **Values guide the selection or evaluation of actions, policies, people, and events. That is, values serve as standards or criteria.**
- * **Values are ordered by importance relative to one another. Values form an Ordered system of value priorities that characterize them as individuals. This hierarchical feature of values also distinguishes them from norms and attitudes.**

Each of the ten basic values can be characterized by describing its central motivational goal:

- | | | | |
|--------------------------|--------------------|--------------|------------------|
| 1. Self motivation | 2. Knowledge | 3. Happiness | 4. Achievement |
| 5. Power | 6. Role of Parents | 7. Security | 8. Cooperation |
| 9. Culture and tradition | | 10. Empathy | 11. Universalism |

Role of Parents

Home is the first school for the child and parents are the first teachers. They not only guide the child in its progressive path but also demonstrate the appropriate behavior by their actions. It is the parents who with their conduct and behavior set an example for the children. Parents at times show a lot of concern for the children and instead of correcting, they start to pamper even for their improper behavior. It is actually detrimental to the growth of the child. Such Parents are very possessive.

Some of the parents are too strict with their children. They try to overpower their wards. They do not let the child enjoy the bliss of his innocence. They try to check him for whatever he does. Another class consists of those parents who are not much concerned about their children either due to lack of time or are not educated enough to guide their children. Whatever be the reason it certainly affects the child's behavior. The parents handling of the children should be such that it could take care of all aspects and could provide firm guidance without being too strict. Extremities on the part of the parents either lead to introvert or oversensitive behavior or it may turn a child into dominant or aggressive person. A child reflects the impressions gathered by him in the initial stages of his life. If children are not guided, they may turn into problematic and complexed individuals.

Role of Teachers

Teaching is not a job; it is an attitude. Teacher is a source of information, a guide, a mentor, a parent, a motivator, all at the same time. Teaching is the noble profession which deals with the future generation. To be an ideal teacher, one needs to be a role model. A good teacher loves his/her students. A teacher must have respect for his/her profession and remarkable quality to love his/her students unconditionally. The role of a teacher in the changing social scenario is becoming very challenging. In the earlier times teacher was the only source of information and commanded respect on this count. The society is becoming more materialistic and values appear to be pushed into the background. Consider the vedic times when a wise man or a Rishi was an icon. In the period of Mahabharata, the role models had changed. The heroes of this era were the brave warriors. Before independence of India, our role

models were Gandhiji, Patel, Bhagatsingh, Rajguru and other freedom fighters. After independence, unfortunately, the icon of the society is a rich man. The young generation desires to become rich without making efforts by stepping on an escalator. This eagerness makes them sacrifice anything, less to talk about values. The present society needs an awakening. This period of transition urgently requires the nurturing of values. It is the moral responsibility of the teacher to be the torch bearer and show the right path to coming generations.

Value system is the backbone of any society. Values may vary from one society to another and from time to time. Every society follows some values and those values are identified as global values by all. A good teacher is someone who inspires the students and promotes their talents including the creativity and independent thinking. Teachers should understand the fact that every student has certain unique qualities and talents, which should be identified and nurtured.

Role of teacher in society

Teachers role is very vital in molding the future of a country and, as such, it is considered the noblest profession. Teachers are the role models for their pupils. An educational institute should not be just confined to teaching and learning but it should be considered as a place where consciousness is aroused and illumined soul is purified and strengthened. It is the place where the seeds of discipline, devotion and commitment are planted and fostered with deliberate efforts. A constructive companionship between teachers and students has to be developed. In a nutshell, a teacher in real sense is one who himself practices the human values. He should not only preach but also practice to leave an ever lasting impression in the minds of students.

Conclusion

To conclude, this can be safely said as a general rule that value orientation is integral to all stages of upbringing, formal education, and interaction between individuals and social groups. Values are thus inseparable from life of the individual. It permeates the whole life. Since education is an essential requirement, the aims of education, content and methodology are viewed in terms of value development. Values and development are used interchangeably. Human development cannot be conceived in the absence of values.

The teacher plays a very important role in the society and they are considered

as nation builders, a torch bearers, path guides, personality developers, etc. Importance should be given to religious/spiritual education so that society as a whole may flourish with desirable value system. The social, economic, cultural and human values play a very important role in the overall development of society and help in achieving the socialistic pattern of the society. It is recommended that there should be congenial conditioning or proper environment in the society which includes parents, teachers, educators as well as administrators for inculcating values i.e. moral, spiritual, religious, social, economic and cultural values, etc. among the students/youth. Promotion of human values in the society depends on the promotion of good qualities among individuals. In every tradition and in every country the place of a teacher, not only in the institution but also in society, has been glorified. According to a Japanese saying, a poor teacher tells, an average teacher teaches, a good teacher explains, an excellent teacher demonstrates and a great teacher inspires. To inspire the students, a teacher should discharge twin roles - one to mould himself and other to mould others.

In a nutshell, it can be concluded that education without vision is waste, education without value is a journey of high ridge in dark , and education without mission is an unending stampede. A nation with atomic power is not a strong nation but a nation with people with strong character is indeed a strong nation. Therefore, for the sustainable human development as well as for the social growth, there is a need of value based education, spiritual education, ethical education, as well as need based education. India has always been known for sound social values and character of its people, the impact of western values has adversely affected the mindset of people which can be rectified only by imbibing our value oriented educational system, which is of-course a big challenge. The challenge has to be met by collective introspections. In brief, the values are the guiding principles of life which are conducive for all round development of children to give direction and peace to life.

THE PLEDGE



I Commit to :

- * I am honest, truthful and reliable.
- * I am simple, calm and organized.
- * I am hardworking and dutiful.
- * I am social and philanthropic.
- * I am fearless and courageous.
- * I am patient and determined.
- * I respect parents, teachers and elders.
- * All the living beings on the earth are mine and i belong to them.
- * I am a responsible citizen for my family, society and country.



I would lead my life based on these values and would remain abide by them.

Name: _____

Signature: _____

School: _____

Date: _____

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VALUE THE VALUES TO REMAIN VALUED

I CAN MANAGE IT

Problems Addressed

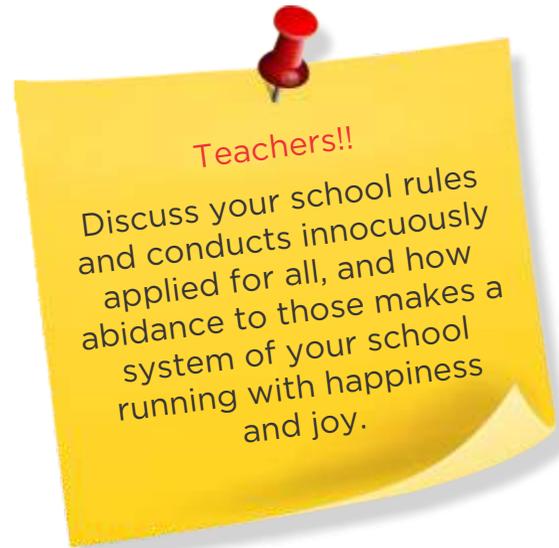
- Being biased
- Destructions and attractions
- Sensual comparison

Resources Developed

- Rational thinking
- Developing sense of truthfulness
- Why others are important
- What are the requisites of success

Outcomes Offered

- Being self contented with facts
- Evaluating self limitations
- Accepting the need for change



You can watch the short film "Value of Time" on [YouTube](#)





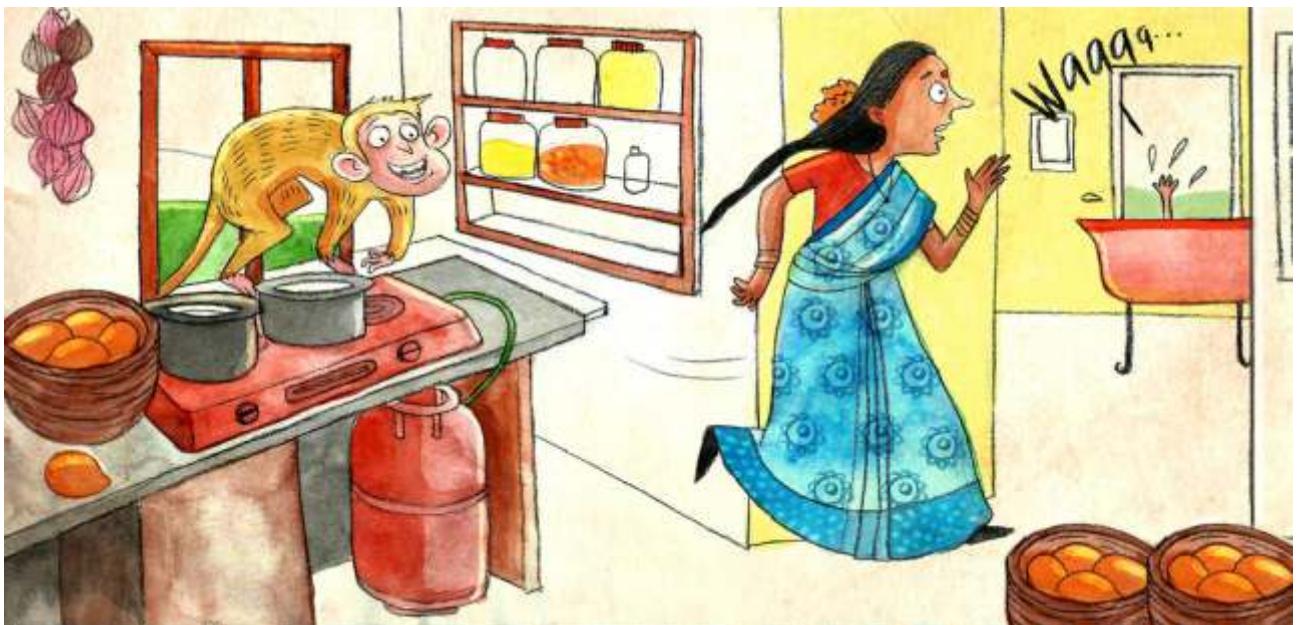
Why haven't you done your homework?
Miss, it's all the cat's fault.



If she had not got stuck on the tree, I would not have taken the ladder to climb it.



If I had not taken the ladder to climb it, I would not have needed to fix it. If I had not needed to fix it, I wouldn't have woken up the baby .



If I had not woken up the baby, my mother would not have rushed out of the kitchen. If my mother had not rushed out of the kitchen, the monkey would not have got in.



If the monkey had not got in, he would not have eaten up all the food. If he had not eaten up all the food, my father would not have bought rotis and vegetables from the tea market.



If my father had not bought rotis and and vegetables from the market, the dog would not have followed him home.



If the dog had not followed him home, he would not have eaten my homework.

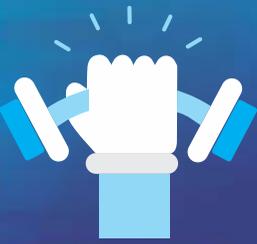


So, you're saying the dog ate your homework?



Yes, Miss, it's all the cat's fault!

TAKE AWAY



Ability to produce excuses may hold us reasonable once or twice but not everytime. It's necessary to be true and honest to remain relevant all the time in our life. Remember being true always opens doors or arms of people for you.

Exercise 1.1

Keeping oneself safe is great virtue for all. Give your options if you ever see these -

1. A monkey



Happy



Unhappy

2. National flag



Happy



Unhappy

3. A leader



Happy



Unhappy

4. A cat



Happy



Unhappy

5. Leaking gas cylinder



Happy



Unhappy

6. Electric fire



Happy



Unhappy

7. Cockroach



Happy



Unhappy

8. Parents

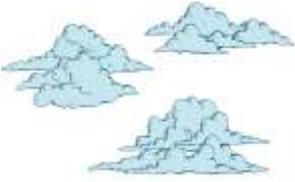


Happy



Unhappy

9. Clouds

	 Happy	 Unhappy
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10. Friends

	 Happy	 Unhappy
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Exercise 1.2

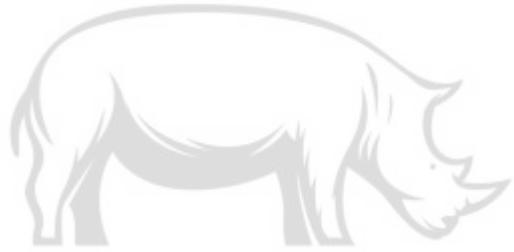
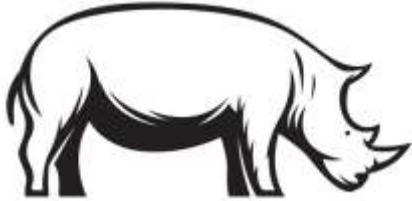
Draw these and state any two precautions we need to observe with them.

1. Electric fire



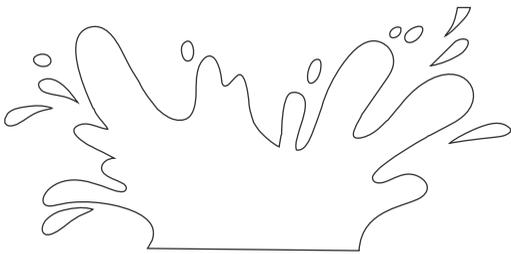
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2. An animal in the house



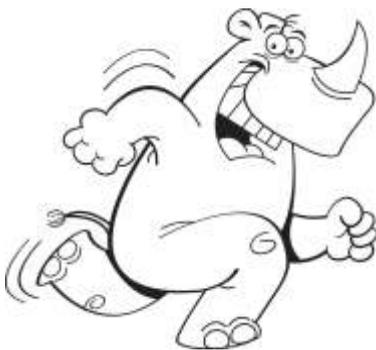
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3. Heavy water logging



.....
.....

4. Running animals



.....
.....

5. Barking dog



You Can Learn From

GHANSHYAM DAS BIRLA - Pioneer Indian Businessman



- Ghanshyam Das Birla was the Founder of Birla Brothers Limited, a leading producer of tea, textiles, cement, chemicals, rayon, steel tubes, among others.
- He laid the foundation for what later became a billion-dollar empire. A close associate of Mahatma Gandhi, he was advised by him on several matters.
- Birla founded several educational institutions, including the prestigious Birla Institute of Technology and Sciences (BITS) in his hometown, Pilani, which is now one of the leading engineering institutions in India.
- He was very active in politics and dedicated a lot of his time and energy to Gandhi's Khadi movement.
- Specially G. D. Birla was known for his time punctuality.
- He was awarded the Padma Vibhushan, India's second highest civilian award, in 1957.

NARENDRA MODI - Honourable Prime Minister, India

- From selling tea to becoming the Prime Minister of India, Narendra Modi's journey has been nothing short of an inspiring journey.
- Narendra Modi's optimistic nature and challenging capabilities have led to an impact on our nation.
- Prime Minister Narendra Modi sleeps for four hours and makes his first call to officers at 5 am and this lasts around midnight.
- Works on weekends and expects his team to work as well. Prime Minister emphasized the need for those in high office to be punctual.
- Union Ministers should everyday come to office on time, that is 9.30 am, while they should also maintain the highest standard of personal conduct.
- He, Prime Minister has consistently emphasized these values, which he himself practices. He is a man of his words and has kept his promises.
- He is a Prime Minister who cares for everyone, be it the youth, the middle-aged, or even the aged. He really is a hero.



TIMOTHY DONALD COOK- Chief Executive Officer of Apple



- Timothy Donald Cook (born November 1, 1960) is an American business executive and industrial engineer.
- Cook is the chief executive officer of Apple Inc., and previously served as the company's chief operating officer under its cofounder Steve Jobs.
- Cook joined Apple in March 1998 as a senior vice president for worldwide operations.
- As Apple Inc. CEO, Cook regularly begins sending emails at 4:30 a.m. and previously held Sunday-night staff meetings by telephone to prepare for the next week.
- Cook shared in May 2013 that his leadership focused on people punctuality, strategy, and execution; he explained, "If you get those three right the world is a great place."

Time to live the value

Activity: What will you do?

1. If you hurt yourself and you are bleeding:
 - Start crying
 - Get nervous
 - Visit a doctor
 - Call for help
 - Try to use first-aid kit

2. If you are traveling by a train and you see an unidentified bag or toy lying there
 - You will take it
 - Tell it to your parents
 - Ask people about it
 - Request your parents to inform the police

SMART SONA HELPS HER MOTHER

Problems Addressed

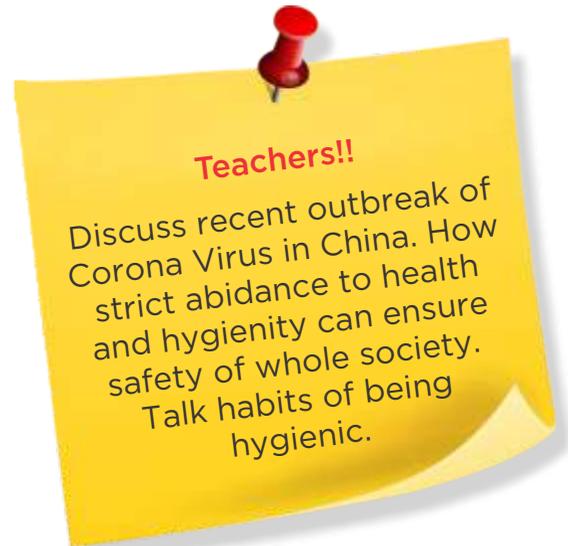
- Spread of infections
- Disease and their effects
- Social impacts of contagious diseases

Resources Developed

- Being hygienic
- Importance of cleanliness
- How world is inter connected
- How globalized world is.

Outcomes Offered

- Being responsible to society
- How an event can influence world
- Managing personal ethics



You can watch the short film "Swachhta" on [YouTube](#)



Scan code to view short film



Sona's mother was making prints on a sari with a block.
Sona said, "Ma, I want to make prints too."



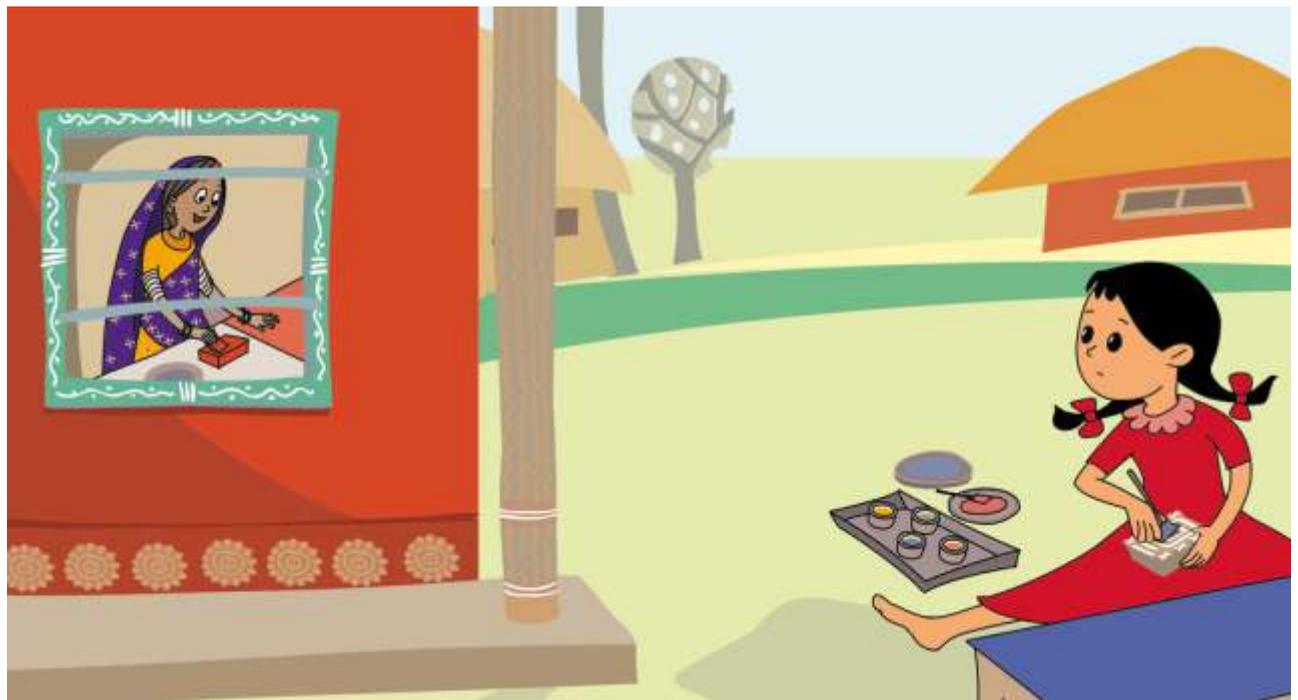
Ma gave Sona a piece of cloth and some colours.



The room was full of things that helped in making printed cloth.



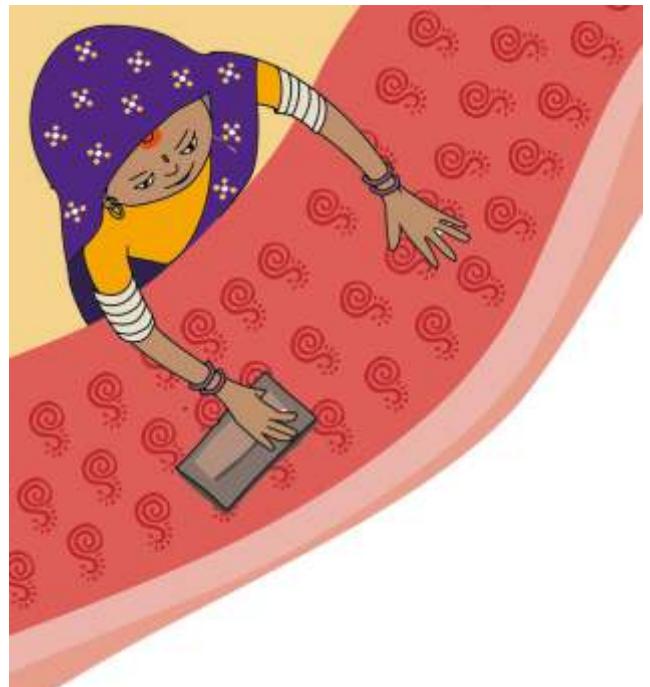
Ma said, “Sona, why don’t you sit outside and print? Listen carefully to the sounds of my printing.”



Sona sat at a small table outside.



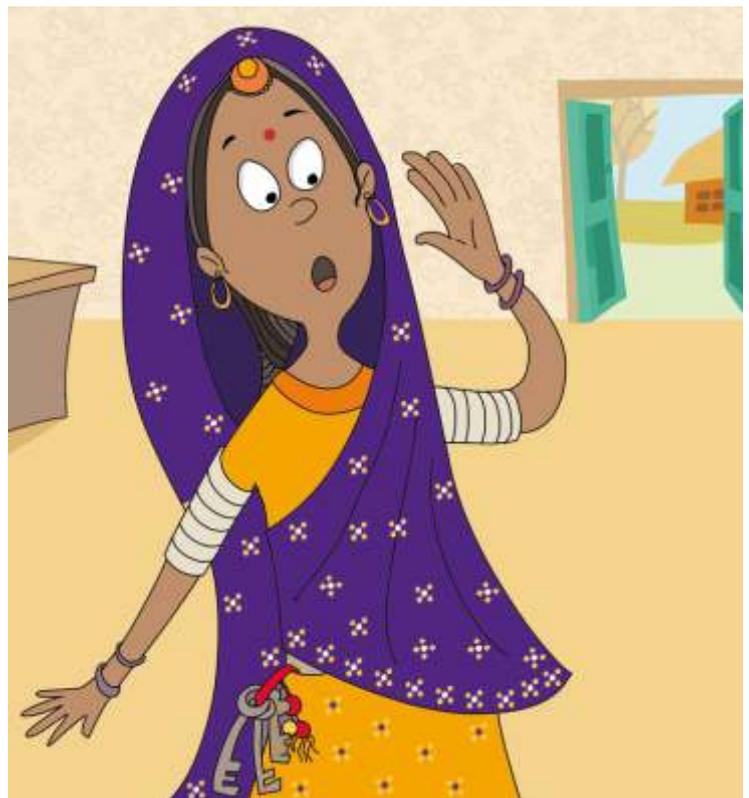
When there was no sound from the room Sona knew that Ma was quietly putting colours on the block. Then Sona would also colour her block. When she heard the sound thupp, Sona would press her block on to the cloth.



Silence-thupp, silence-thupp, and Sona worked together.



But there was another small sound that Sona could hear, chunchanan - chun, that made her smile.



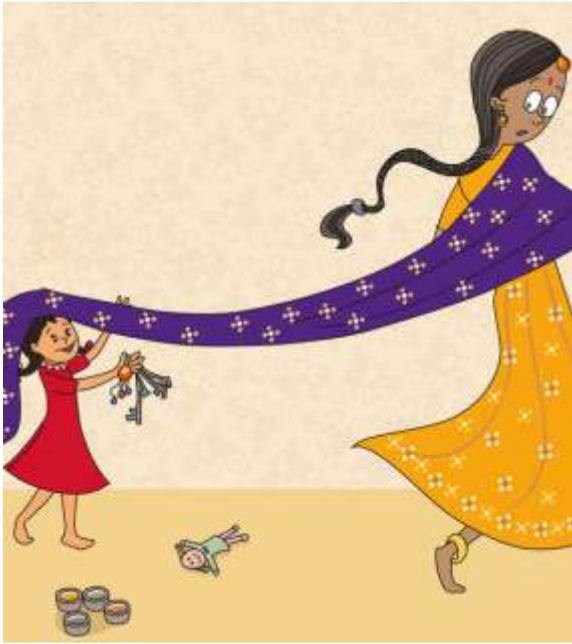
After some time Ma called out, “Sona, have you seen my keys? I cannot find them.”



Sona went to Ma. She held her around her waist.



“Sona, this is no time to play!”
Ma said looking around.
“I have to take out the colours
from the cupboard. I need the
keys. Try to find them please!”



Sona pulled the end of Ma's odhni* that was tucked into her waist.

Chun-CHANAN-CHANWENT the keys tied to a corner of the odhni, chun-CHANAN-CHAN.

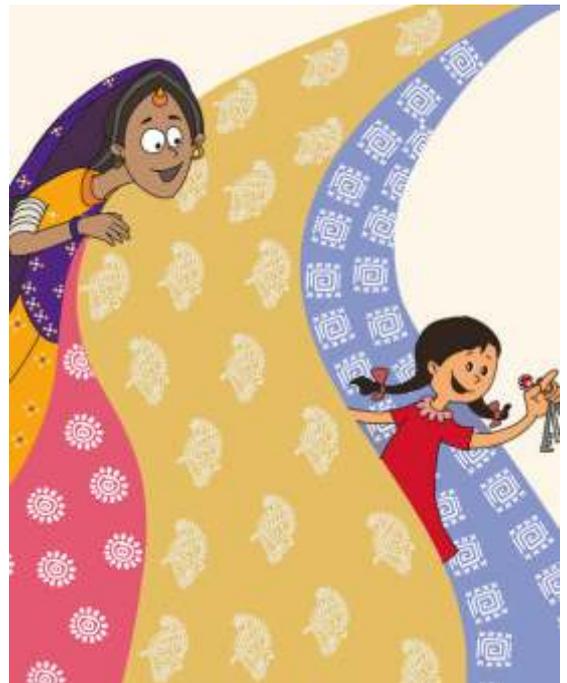
*Piece of cloth draped like a shawl.

“Oh! How did you know the keys were here?” Ma asked in surprise.

“Ma, I was listening carefully,” laughed Sona.

“Silence-thupp-chunn, silence-thupp-chunn!”

“You are such a smart girl, Sona!” said Ma.



TAKE AWAY



Yes it's the duty of our family members to look after us but should that be taken for granted? No.. Not at all.. We all are responsible for everybody in our family, we must all take care of each other, in case we are not able to help our family members directly, indirectly by cooperating with them is also a help to them.

Exercise 2.1

Helping hands are best friends in need. How would you deal in those situation?

1. Friends want notebook



Agree

Disagree

2. Friends want playing

Agree

Disagree



3. A beggar insisting for food



Agree

Disagree

4. Plucking flower

Agree

Disagree



5. Seeking lift

Agree

Disagree



6. Cleaning space

Agree

Disagree



Exercise 2.2

Draw and write any two uses of these

1. Police station



.....
.....

2. Restaurant



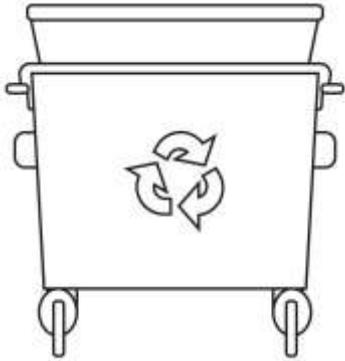
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3. Fire tender



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4. Dustbins



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.....

5. Radio



.....

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6. Parking car



.....

.....

You Can Learn From



THE WADIYAR DYNASTY - Kingdom Of Mysore

- The emergence of the heritage city of Mysuru as the cleanest city in the country in the pre-Swacch Bharat rankings released last week is testimony to the importance of imbibing a culture of cleanliness over decades and generations.
- Mysuru has had four markets since the days of the Wodeyars. This has ensured more efficient waste disposal in the city. The Wodeyars decision to set aside 900 acres for a sewage treatment plant has helped subsequent civic administrators handle the problem of Mysuru's sewage disposal.
- The sewage plant created in 1994 is today also an important source of cattle fodder. Door to door collection of garbage is efficient with the participation of civic groups and NGOs. In the well-laid out localities there are clearly demarcated areas for garbage collection.
- A culture of democratic participation was also started by the Wodeyars through the creation of Praja Pratinidhi Sabhas where cleanliness of the local environment was an area of key focus.
- A culture of democratic participation was also started by the Wodeyars through the creation of Praja Pratinidhi Sabhas where cleanliness of the local environment was an area of key focus.

KINKRI DEVI - Indian Environmentalist

- Kinkri Devi (1925 - 30 December 2007) was an Indian activist and environmentalist, best known for waging a war on illegal mining and quarrying in her native state of Himachal Pradesh.
- Devi was born in the village of Ghaton in the Sirmour district in 1925. Her father was a subsistence farmer of the Dalit, or untouchable caste.
- While working as a sweeper, Devi noticed the massive quarrying in some parts of Himachal Pradesh's hills, harming the water supply and destroying paddy fields.
- At this point Devi decided to take on the mining herself. Interest was taken upon her by then first lady Hillary Clinton, and that same year Devi was invited to attend the International Women's Conference in Beijing.
- She was asked to light the lamp in the beginning of the ceremonies, and spoke of the cause she was fighting against and how ordinary people can make an impact. In 1999, Devi was awarded the Stree Shakti.





SAKICHI TOYODA - Japanese Inventor

- Sakichi Toyoda (1867 - 1930) was a Japanese inventor, industrialist and the founder of Toyota Industries. Sakichi Toyoda revolutionized the textiles industry in Japan He is sometimes called the Japanese Thomas Edison.
- He is also the founder of the 5 Whys problem analysis method and the 5S system, which are both very effective LEAN Manufacturing tools.
- Sakichi Toyoda's most famous invention was the automatic power loom in which he implemented the principle of Jidoka (autonomous automation). Which means that the machine stops itself when a problem occurs, later became a part of the Toyota Production System (TPS).
- Sakichi Toyoda is also famous for development of the concept of 5 Whys: When a problem occurs, ask "why" five times in order to find the source of the problem, then put into place something to prevent the problem from recurring.
- This concept is used today as part of applying LEAN methodologies to solve problems, improve quality, and reduce costs.

Time to live the value

Activity: Wall of respect

Please pick the relevant response for the following situations

Please / Thank you / May I / Sorry / Excuse me

- You want something
- You get something
- Before entering somebody's home you call or knock, asking permission to enter.
- You have done something knowingly or unknowingly wrong
- You sneeze, cough or want somebody's attention

TODAY I AM

Problems Addressed

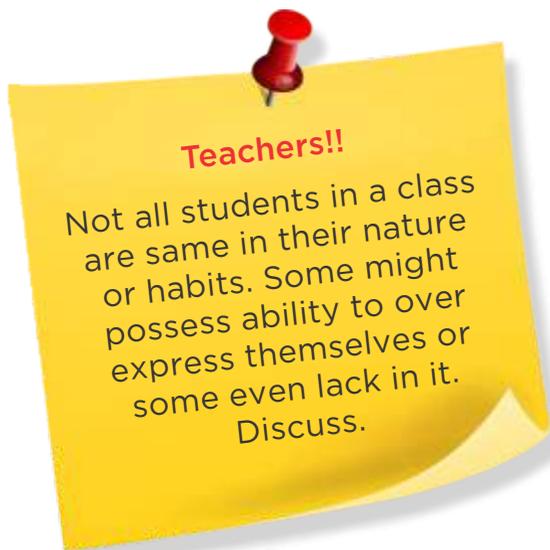
- Knowledge of self abilities
- Information about others
- Judging people

Resources Developed

- Ability to rationalize
- Judging things based on values
- Scientific Temperament
- Choosing things on merits

Outcomes Offered

- Critically mature
- Emotionally intelligent
- Identifying skills and development



You can watch the short film "Saadgi Aur Saralta" on [YouTube](#)





Today, I am an astronaut.



Look how high I can
jump on the moon.



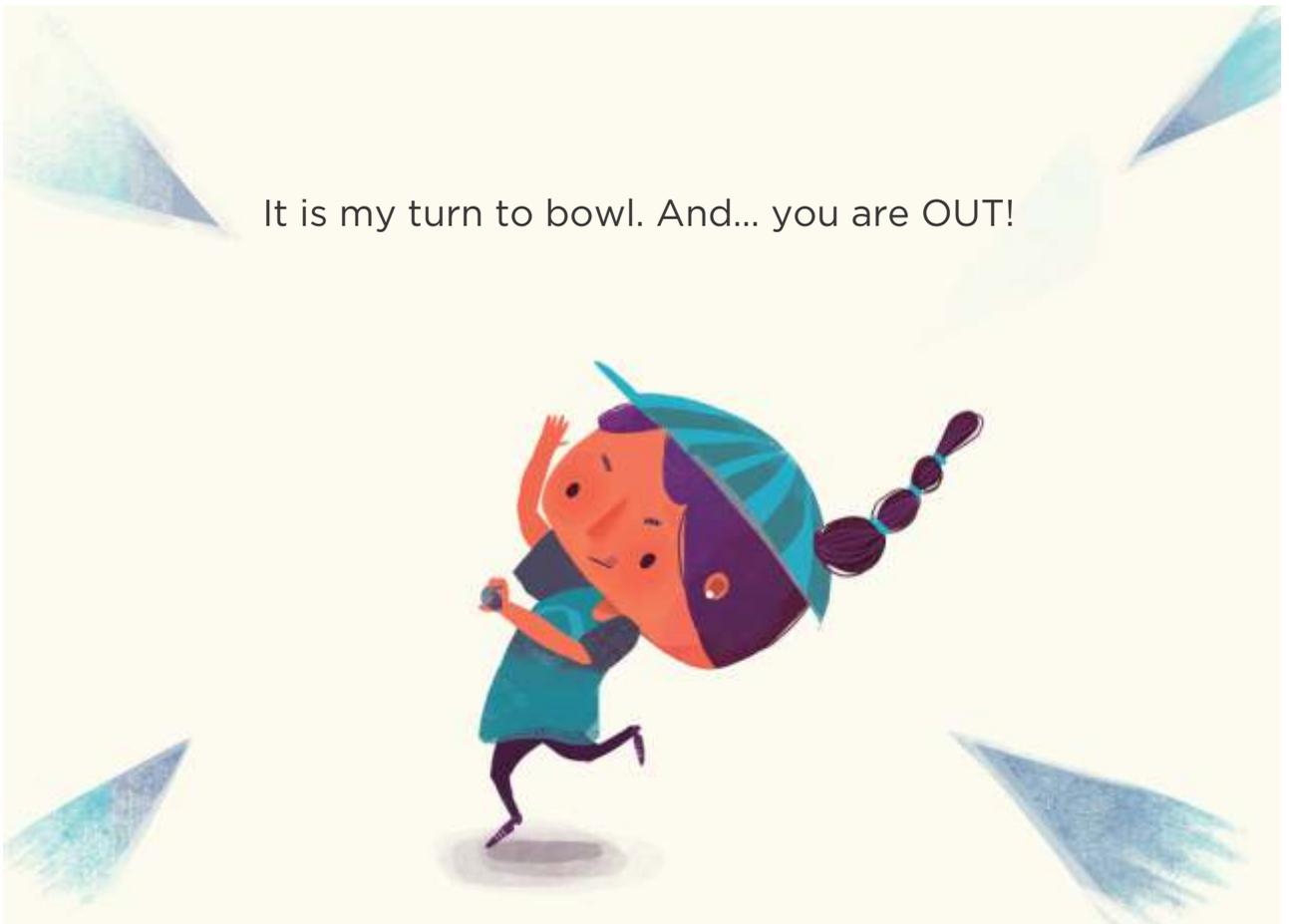
Today, I am a sculptor.



Watch out, my crocodile and dinosaur are hungry. Rawrrr!



Today, I am a cricketer.



It is my turn to bowl. And... you are OUT!



Today, I am a botanist.



I've discovered a new plant. I'll name it after myself.



Today, I am a drummer.

Dhushh! Tssh! My sticks are moving so fast, you cannot even see them.



Today, I am so many things.
Tomorrow, what will I be?



TAKE AWAY



The World is full of choices and preferences, having one is hardly any issue but confusing ourselves in many choices can blur our objectives. Hence its advised to be focused and be less distracted with attractions market holds.

Exercise 3.1

Helping others make our relations strong. How do you feel when the following seek help from you?

1. Friends ask for notebook.



Like

Dislike

2. Mother asks for cleaning.



Like

Dislike

3. Teachers ask for home work.



Like

Dislike

4. Coach asks for line-up.



Like

Dislike

5. Driver asks to sit down.



Like

Dislike

6. Father asks to switch off television.



Like

Dislike

Exercise 3.2

Draw the following and what you learn from them

1. A doctor



.....

.....

2. A police man



.....

.....

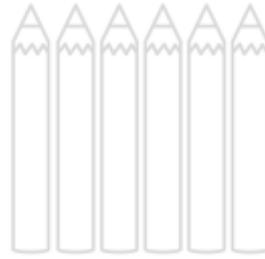
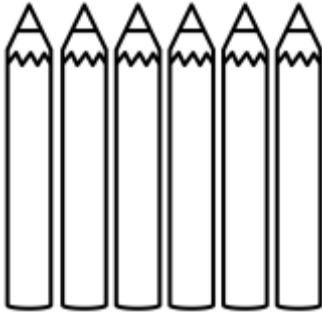
3. An alarm clock



.....

.....

4. A pencil



5. A leaf



6. A soldier



You Can Learn From



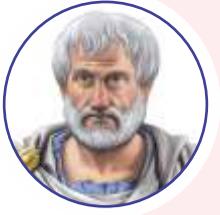
KALIDASA - The greatest poet of Classical Sanskrit

- Kalidasa is the greatest known Sanskrit dramatist and poet. Kalidasa was one of the Navratnas (9 gems) at the court of Chandragupta Vikramaditya.
- One sunny day, the King's minister happened to see this cowherd-boy sitting atop a tree in a forest and attempting to fell the tree by axing its roots. " What a fool! Sitting on a branch of a tree, trying to saw it off.
- Princess Vidyottma married him and only later came to know of the truth Das's stupidity. She insulted him by saying his head is full of mud and stones. Dont show her his face till he is rid of all that , threw him out of her palace, and her life.
- Das thus grew determined to become the wisest and most learned man in the country, and to achieve this end he started his journey through a the forest in search of Guru .
- Dasa as per his Guru's instructions did sadhana for many days and nights indulging in intellectual pastimes, reading, meditating and praying to his Goddess Kali to grant him divine knowledge.
- The Goddess was pleased with his devotion and simplicity and blessed him with extraodinay Intellect and Excellence in Art of Poetry.
- Kalidas's contribution to Indian literature is tremendous. Kalidasa wrote seven works. Kumarasambhava' and 'Raghuvamsha'are his two epic poems. 'Malavikagnimitra', 'Vikramorvasiya' and 'Abhijnana Shakuntala' are his celebrated plays. 'Meghaduta' and 'Ritusamhara' are also poetical works of great distinction.

LAL BAHADUR SHASTRI - 2nd Prime Minister of India

- Shri Lal Bahadur Shastri was born on October 2, 1904 at Mughalsarai near Varanasi in UP. His father was a school teacher who died when Lal Bahadur Shastri was only a year and half old.
- He was a believer of equality and considered caste system divide the society, So he gave up his family name at an early age. From Kashi Vidyapeeth after getting a degree in Philosophy, he received the epithet 'Shastri'
- During freedom movement he landed up in jail quite often. When his daughter fell sick he was on parole for 15 days. He was there with her when she succumbed to the disease. But, he went to jail even after having some parole time at hand, after performing his daughter's last rites.
- He also raised his voice against the dowry system and after repeated requests from his father-in-law, he took few meters of Khadi cloth as a wedding gift.
- Shastri was known for his honesty and humility throughout his life. He was posthumously awarded the Bharat Ratna, and a memorial "Vijay Ghat" was built for him in Delhi.





ARISTOTLE - Greek philosopher

- Aristotle (c. 384 B. C. to 322 B.C.) was an Ancient Greek philosopher and scientist who is still considered one of the greatest thinkers in politics, psychology and ethics.
- In 335 BC, Aristotle founded his own school, the Lyceum, and operate it for twelve years, where he wrote extensively on a wide range of subjects such as politics, metaphysics, ethics, logic, and science.
- Aristotle's philosophy involved both inductive and deductive reasoning, observing the workings of the world around him and then reasoning from the particular to a knowledge of essences and universal laws.
- It is this simplicity that makes the uneducated more effective than the educated when addressing popular audiences,- As educated men lay down broad general principles; uneducated men argue from common knowledge and draw obvious conclusions.
- One might say, Aristotle was the primary significant defender of the cutting edge logical strategy. In 322 BC, Aristotle died unexpectedly.

Time to live the value

Activity

- Plan a drive to clean your school playground
- Self Evaluation:
 - Am I a responsible citizen of the Earth?
 - Do I make an effort to reduce pollution?
 - What do I do to save water?

RABBIT BECOMES A CHEF

Problems Addressed

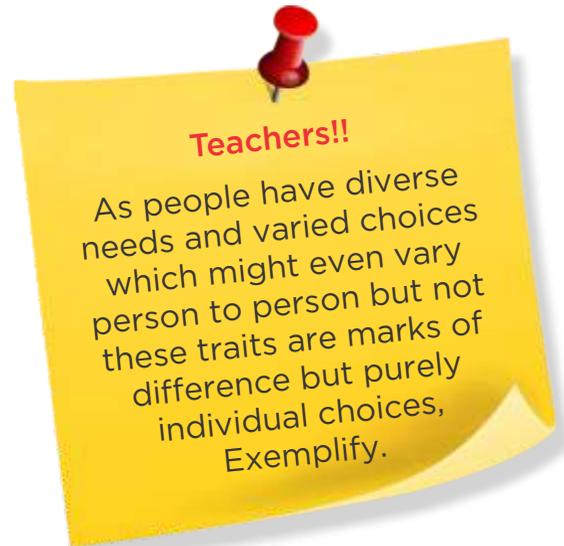
- Differences of a group
- Individual choices and preferences
- Other's perspectives

Resources Developed

- Reasoning behind the selection
- Up bringing of people
- Knowing others perspectives
- What relations demand

Outcomes Offered

- Maintain cohesion of a group
- Diversity of a group
- Learning to accept others



You can watch the short film "Sukoon Imaandari Mein" on 



Scan code to view short film



“Every day, I eat only raw carrots,” Rabbit said to herself.



“I’m tired of raw carrots!”



“What can I do to make these better?”



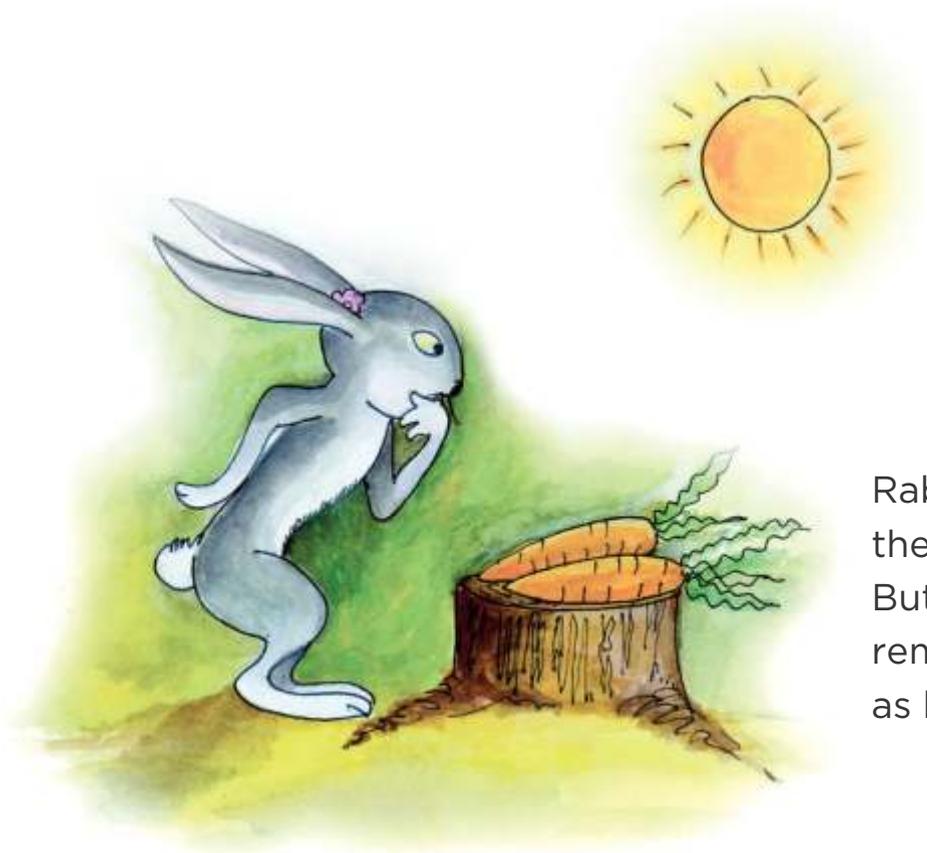
That afternoon,
she went to farmer's
house and saw a pot
boiling over the fire.



Just as she started to have an idea the farmer's dog came barking after her.



"Hmm," thought rabbit. "What should I do now?"



Rabbit tried leaving the carrots in the sun. But, the carrots remained just as raw as before.



Then, she tried putting them in the fire. When she tasted them, they were bitter!



She thought and thought and thought
about what to do.



Finally, she had an
idea!

First, she found an old
tortoise shell.



Then, she collected
some sticks



And three stones.



Hooray! Rabbit finally had a way too cook her carrots.

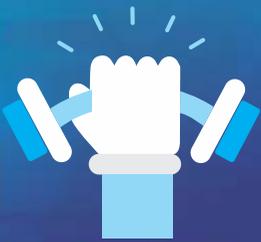
She was so excited that she invited all her friends.





And they all had a meal of delicious cooked carrots.

TAKE AWAY



Being creative and innovative makes us preferred in our surrounding, a brain full of curiosity instills creations and innovations in our mind. Stay curious and stay preferred by your peers around.

Exercise 4.1

Braving difficulties makes us courageous and powerful. In the given situations suggest what you would like to do when-

1. In a sports match when your opponents shouted at you.



Fight it

Give up

2. Willing to watch TV when parents refused.



Fight it

Give up

3. Insisting for another pair of chocolate.



Fight it

Give up

4. Want to ride a fishing boat



Fight it

Give up

5. Walk outside in dark



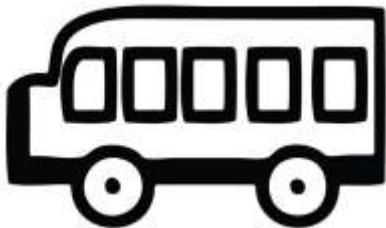
6. Walk down on foot



Exercise 4.2

Draw the followings and suggest solutions if faced these in life.

1. Missed school bus



.....
.....

2. Need to water plant



.....
.....

3. Cleaning surrounding



.....
.....

4. Waking up early.



.....
.....

5. Talking to stranger.



.....
.....

You Can Learn From



CHANAKYA - Indian Teacher, Philosopher, Economist, Jurist and Royal advisor

- "Whoever helps you at the time of illness, misfortune, famines, and invasion is your true brother in the real sense."
- A person who cannot decide his goal, simply cannot win.
- A person must stay away from the people who act as flatterer in front of you but speak ill behind your back. They cause you irreparable damage. Such friendship is like poisonous milk. One must simply stay away from such people."
- A true son is obedient, a true father is loving, and a true friend is honest
- Knowledge is like holy kamdhenu and is like a tree that bears fruit in every season. In unknown territories, it provides protection and brings you rewards."

AJIT DOVAL - National Security Advisor

- Ajit Kumar Doval is the fifth and current National Security Advisor (NSA) to the Prime Minister of India.
- Ajit Doval spent a major part of his career as an active field Intelligence officer with the Intelligence Bureau (IB). With a plethora of well-known awards, honours, and records to his credit,
- After a one-year stint as a secret agent, he worked at the Indian High Commission in Islamabad for six years.
- Doval has built a reputation for taking a strict stance against militancy and terrorism.
- After his retirement in 2009, Doval became the founder director of Vivekananda International Foundation.



SIMON PHILLIP COWELL -

A British businessman, music talent show judge, actor and entrepreneur.

- He was born in Lambeth, London and raised in Elstree, Hertfordshire. He is well known as a judge on television programmes Pop Idol, The X Factor, American Idol and Britain's Got Talent.
- He is known for joining activities in the television and music industries, having made singles and records for many television characters.
- In 2006 he renewed his contract with American Idol for five more seasons; That same year he was named Variety's UK Personality of the Year.
- He also created an American Idol spin-off, Idol Gives Back, a two-episode special that helped to provide aid to children in Africa and the American poor. The show raised \$76 million for charity.



Time to live the value

Activity:

Make a bird bath and bird feeder. Hang it \ on a tree near your house.

Fill it with water every day.

Self Evaluation:

- Do I look upon my pet as a companion?
- Do I care for the animals around me?

MY BEST FRIEND

Problems Addressed

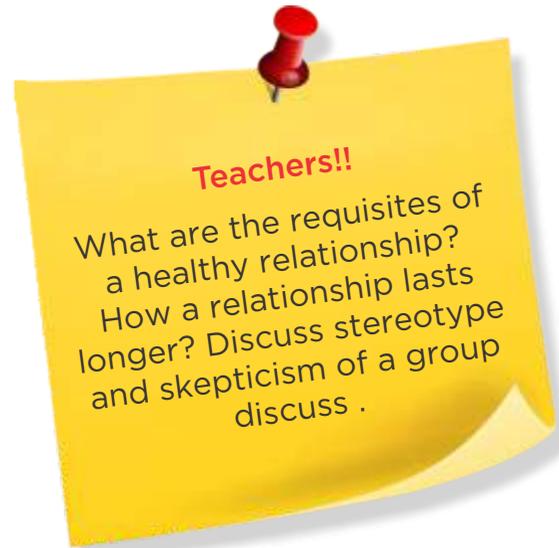
- Stereotypes
- Skepticism
- Self worth

Resources Developed

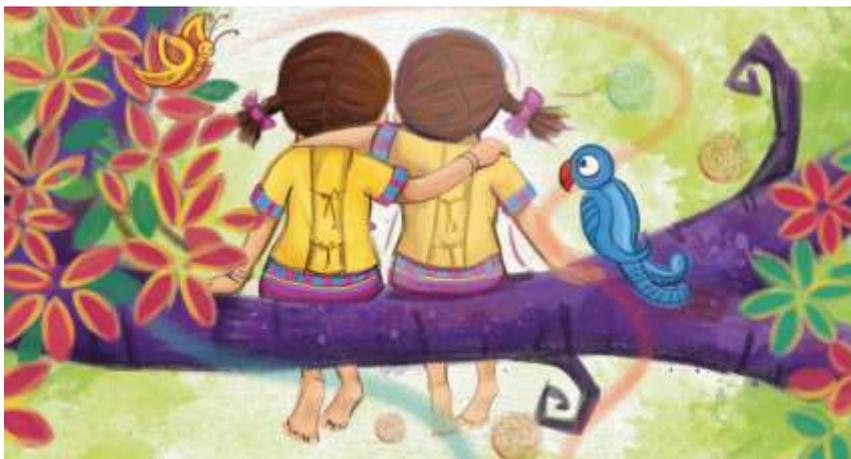
- Rationality of thoughts
- Reasoning the logics
- Taking account of events
- What a relationship needs

Outcomes Offered

- Happiness
- Eternal joy of learning
- Self esteem and self worth



You can watch the short film "Forgiveness" on 



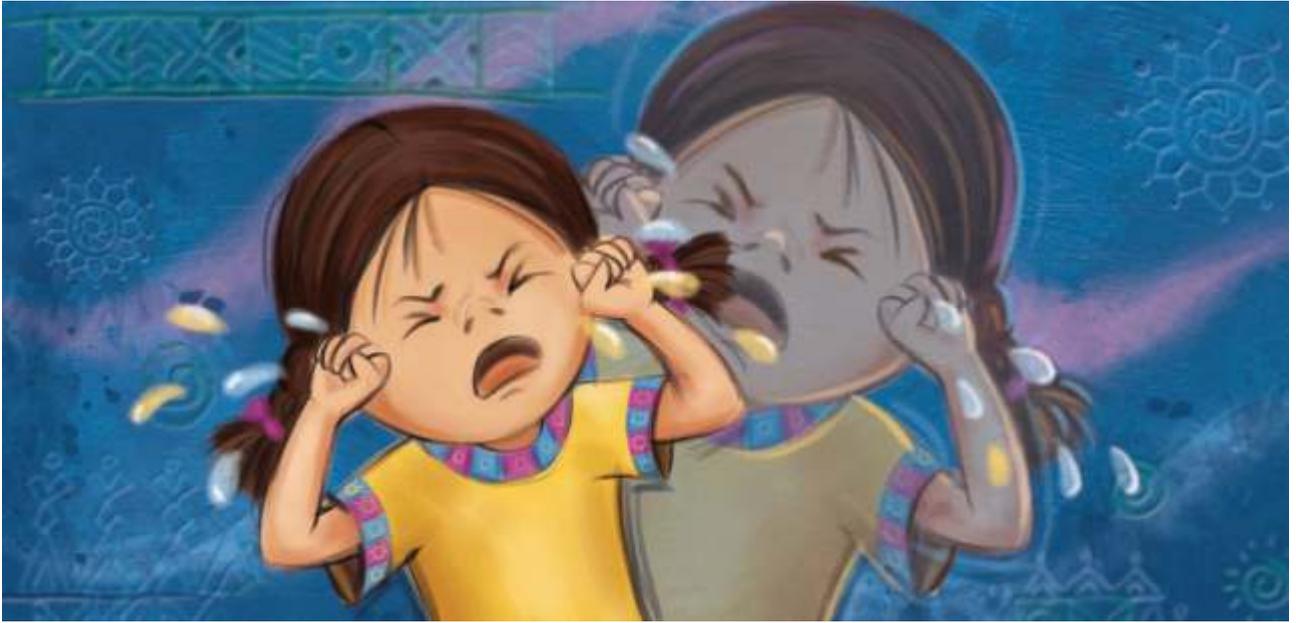
Scan code to view short film



I have a friend. She lives in my house.



When I am happy, so is she.



When I cry, she cries too.



But I cannot hear her voice. My friend lives inside the mirror.



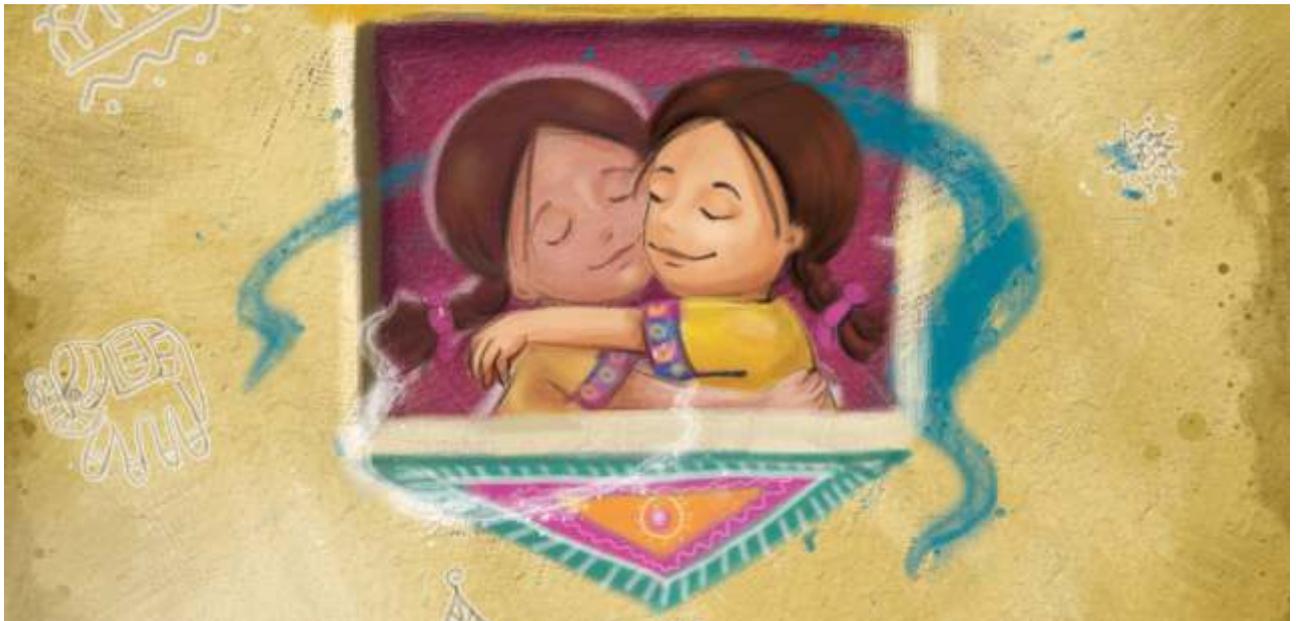
She comes out of the mirror in my sleep! And we have fun.



We play, we run, we shout and scream together.



When I talk to her, she also talks to me.



In the morning, my friend will go back into the mirror.



But I don't mind at all. We will play again in my dreams!

TAKE AWAY



We always need somebody around us, loneliness might kill our happiness and to remain happy we shall always be in good company and shall always listen to the minds of others around us.

Exercise 5.1

Categorize the following as per the options given.



Home work on Saturday



Denied playing in garden





Waiting in queue



Playing with friend



Speaking loudly



Driving fast



Enjoying TV



Exercise 5.2

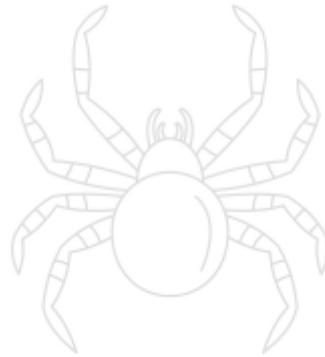
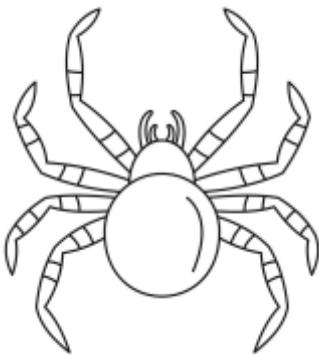
Draw the following and state any two precautions from the followings if found.

1. A stray dog



.....
.....

2. An insect



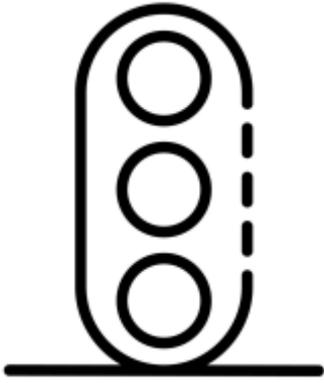
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3. A speeding lorry



.....
.....

4. Traffic jam



.....
.....

5. Stranger



.....
.....

6. Heavy rain



.....
.....

You Can Learn From



PRITHVIRAJ CHAUHAN - King from Chahaman dynasty

- Prithviraj Chauhan or Rai Pithora was a King from the (Chauhan) dynasty. He ruled Sapadalaksha, the traditional Chahaman territory, in present-day north-western India.
- He controlled much of the present-day Rajasthan, Haryana, and Delhi; and some parts of Punjab, Madhya Pradesh and Uttar Pradesh. His capital was located at Ajmer.
- Although the medieval folk legends describe him as the king of India's political centre Delhi to portray him as a representative of the pre-Islamic Indian power.
- Early in his career, Prithviraj achieved military successes against several neighbouring Hindu kingdoms, most notably against the Chandela king Paramardi.
- He also repulsed the early invasions by Muhammad of Ghor, a ruler of the Muslim Ghurid dynasty.
- However, in 1192 CE, the Ghurids defeated Prithviraj at the Second battle of Tarain. His defeat at Tarain is seen as a landmark event in the Islamic conquest of India.
- The most popular of accounts is Prithviraj Raso, which presents him as a "Rajput". Prithviraj also honour him as "the last Hindu emperor".

SWAMI DAYANAND SARASWATI - Philosopher

- Swami Dayanand Saraswati, originally called Mul Shankar, was born in Gujarat in 1824. He believed in monotheism and discouraged idol worship, social inequalities and child marriage.
- Dayanand encouraged women's education and widow remarriage.
- Great social reformers like M G Ranade, Vidyasagar and Keshab Chandra Sen helped Dayanand to establish the Arya Samaj in Bombay in 1875. Membership of the Samaj was open to all castes.
- The Arya Samaj aroused cultural and national pride among the people. It also carried out social work like famine relief, and ran orphanages and widow homes.
- The Samaj produced leaders like Lala Lajpat Rai and Lala Hansraj. Dayanand popularised the slogan "Go back to the Vedas". He began the Shuddhi Movement to reconvert Hindus who had converted to other religions.
- Dayanand's followers established the Dayanand Anglo-Vedic (DAV) School. The education imparted at these institutions combined traditional Indian learning with Western scientific studies.
- He published his writings mostly in Hindi so as to reach out to the common people in 1877. Dayanand Saraswati died in 1883.





LATE POPE JOHN PAUL II - Sovereign of the Valican City

- Late Pope John Paul II rode past a crowd in an open car in 1981, Mehmet Ali Agca shot him four times in an assassination attempt, seriously wounding the pope. Pope John Paul II nearly died.
- He underwent emergency surgery at a hospital to save his life and then recovered. Two years later, the pope visited Agca in his prison cell to let Agca know that he had forgiven him.
- The Catholic leader clasped Agca's hands—the same hands that had pointed a gun at him and pulled the trigger.
- After emerging from Agca's prison cell, the pope said that he spoke to the man who had tried to kill him "as a brother whom I have pardoned."
- The miracle of forgiveness always starts with someone who is willing to move beyond the pain of the past in faith that God will help him or her forgive and then experience freedom.
- You can make this miracle happen in your own life by choosing to forgive the people who have hurt you, with help from God.

Time to live the value

- Make a round paper cut-out.
- Write a name of your classmate about whom you do not know a lot.
- Tell him/her that you want to get to know him/her.
- Make a list of things that he/she likes.
- See what both of you have in common.

Self Evaluation:

- Am I friendly?
- Do I help my friends when they need me?
- Do I value their importance in my life?

LITTLE PAINTERS

Problems Addressed

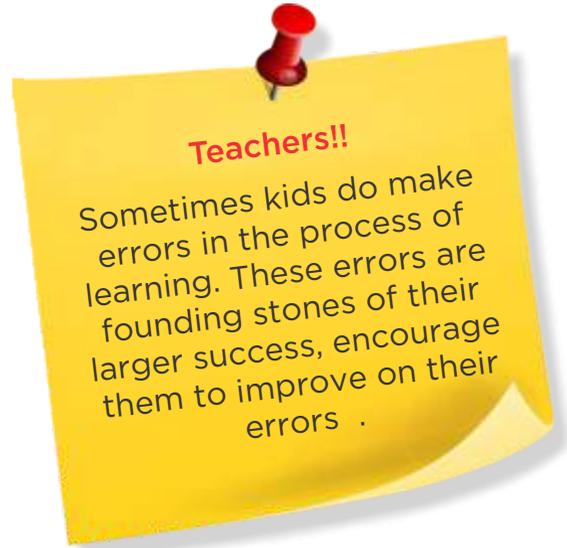
- Indiscipline
- Learning to acquire discipline
- Improvements thorough practice

Resources Developed

- Understanding of own limitations
- How to express
- Keeping the preferences of others
- Ensuring to continuity of a thought

Outcomes Offered

- To remain concerned
- Negating the minor trite
- Accepting others opinions



You can watch the short film "Team Work" on [YouTube](#)

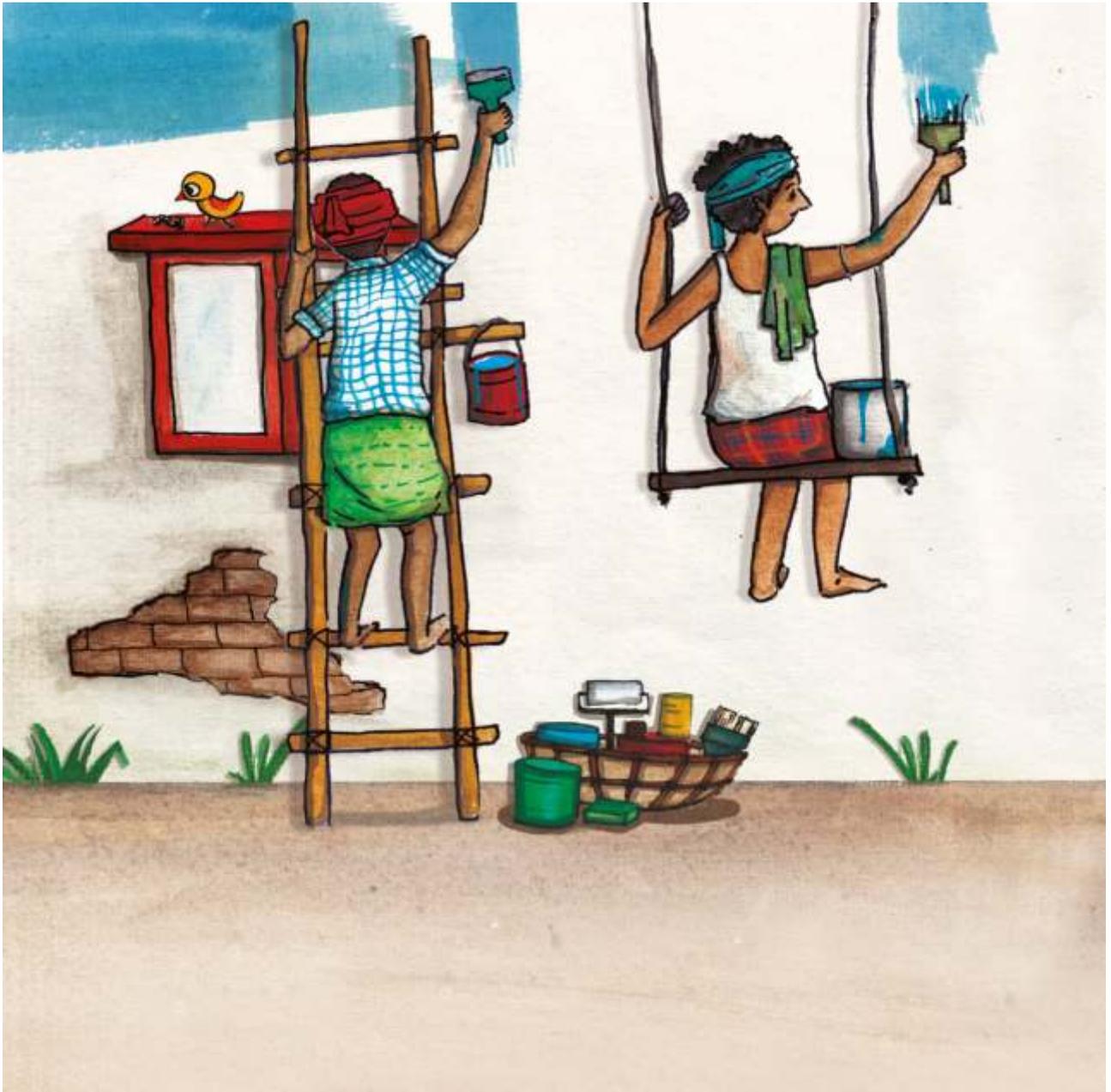




It was holiday time. Veena and Vinay were in the garden. There were tins of paint everywhere.



There was white paint and red paint and green paint and blue paint and yellow paint.



The painters were busy. One painter was on a ladder.
Another was hanging from the roof on a swing.
“Can we help?” asked Veena and Vinay.



The painter gave each of them a brush.
“Paint the inside of the gate,” he said to Veena.
“Paint the outside of the gate,” he said to Vinay.



They picked up two tins of paint and set to work. Veena painted one side of the gate. Vinay painted the other side of the gate.



The paint fell on the ground.
The paint fell on the wall.
The paint fell on them.



At last they finished. They wiped off the paint that had splashed on the ground. They wiped off the paint that had splashed on the wall.



They wiped off the paint that had splashed on them.



"I love my red gate!" said Veena.

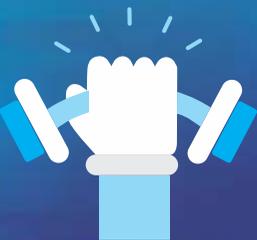


"I love my green gate!" said Vinay.



“Oh, you have made a two-coloured gate!” cried the painter.
“Let us keep it that way!” said Mother.

TAKE AWAY



Different minds have different approaches with things around, we must respect opinions and views of different minds around us to keep the pack together. Respect for different opinion holds larger space in minds of others for us.

Exercise 6.1

Being careful, we secure our life against dangers. How would you like to rate followings according to given options?

1. Found an isolated bag



Inform

Ignore

2. Found a lost purse



Inform

Ignore

3. Spot a lost child



Inform

Ignore

4. Seen an stranded animal



Inform

Ignore

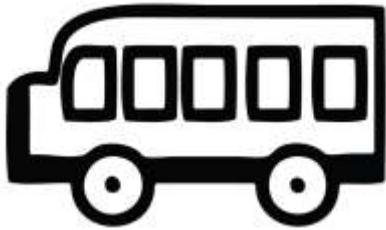
5. Found color cans

		
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Exercise 6.2

Draw these and state two possible uses of the same.

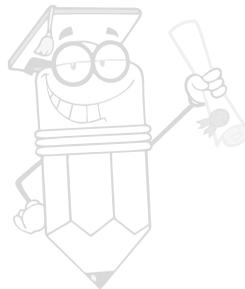
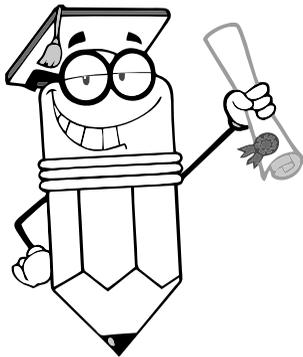
1. A rope



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.....

2. A pencil



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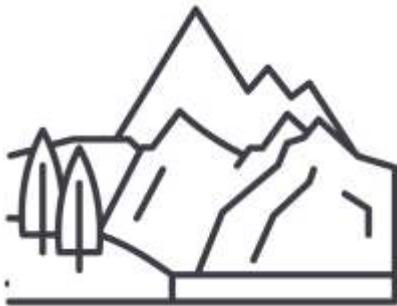
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3. A garden



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4. Mountain



.....
.....

5. Friend



.....
.....

6. Family



.....
.....

You Can Learn From



SUBHAS CHANDRA BOSE - Indian nationalist political leader

- Subhas Chandra Bose was famous by the name of 'Netaji'. He was born on 23rd of January 1897 at Oriya Bazar, Cuttack.
- His father was Janakinath Bose and mother was Prabhavati Bose. In his childhood, he was a bright student. He had a high a sense of self-respect.
- He became the President of Indian national congress. He worked very hard to make this country free. His message was "Give me blood; I will give you freedom.
- Subhas Bose formed the Azad Hind Government. His Azad Hind Fauj fought bravely against British forces and advanced up to Kohima in Assam.
- But afterwards, Indian troops were defeated by the British. Subhas Bose went in an aeroplane towards Japan but disappeared on the way. No one knows anything about him, but it said that his plane crashed at Taihoku and he was burnt to death.
- As long as India is free, people will remember Netaji Bose with respect and love. His life gives us a message of courage and team work.

MAHENDRA SINGH DHONI - Former Captain Indian cricket team

- The overwhelming emphasis from MS Dhoni was on the need for the Indians to pull together as a team, in order to keep up their winning habit.
- Handling the failure: In the 2011 World Cup, Dhoni and his team were spectacularly successful but then suffered a string of losses. Dhoni fought back simply by playing well.
- Staying Calm : Even when severely tested, Dhoni manages to stay calm and this influences his whole team to resist caving in.
- Leading from frontline: A great leader always leads from the front. On numerous occasions, Dhoni single-handedly won matches for India.
- He has been awarded Rajeev Gandhi Khel Ratna award, Padam Shree in 2009 and Padam Bhusan in 2018.



UNESCO - United Nations For Education Social Cultural Organisation

- UNESCO purpose, as defined just after the end of World War II, is "to build the defenses of peace in the minds of men and women".
- It does this by helping nations work together, through education for all, science, and culture.
- UNESCO tries to achieve what it wants to do through six programs: education, natural sciences, social and human sciences, culture, communication and information.
- Some projects sponsored by UNESCO are literacy, technical, and teacher-training programmes. UNESCO has 195 Member countries.

Time to live the value

- Make a round paper cut-out.
- Write a name of your classmate about whom you do not know a lot.
- Tell him/her that you want to get to know him/her.
- Make a list of things that he/she likes.
- See what both of you have in common.

Self Evaluation:

- Am I friendly?
- Do I help my friends when they need me?
- Do I value their importance in my life?



HEM *formation*

Humane Endeavour for Moral Awakening

Values are the breathers of an amiably functioning society. Harmony benevolence, and compassions are the very cornerstones of a flourishing and vibrant society, all citizens shall contribute to the cumulative prosperity and well-being of our nation.

Real wealth of a nation lies in the prosperity of its citizens which in turn is direct function of valued perspective, hence a society augmented with values will always lead a prosper life for it's citizens.

Everybody who contributes to the census also contributes to the state of society at micro level; hence valued acts of every individual are requisite of collective well-being of country.

Humanity in moderns times is passing through a very transient time, where sustenance of life variably transform rapidly with every passing moment, its very pertinent for life to have some values to subscribe able to stand challenges paused by uncertainty, and values can provide a permanent scaffolding to a society to stand any change.

United we fight and divided we fall.



VALUE
THE VALUES
TO REMAIN
VALUED



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The philanthropic arm of
Ram Ratna Group of Industries.

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