



HEMA FOUNDATION

NEP-BASED GRADE WISE HOLISTIC EDUCATION



We HEMA Foundation, are driven by the mission to impart value-based education and contribute to making the world a better place for all.

Children are a source of joy and happiness, bringing smiles to their families. They deserve to grow in an environment free from complexes, building strong character and values. India's ancient Gurukul system of education emphasized imparting true values to students, shaping them into well-rounded individuals.

Reviving values among the youth can strengthen society and promote love, kindness, and compassion for all. While the significance of value education has been acknowledged for a long time, the approaches to effectively teach it have yet to be clearly defined. Research shows that visual stimuli have a lasting effect on children. Images engage both the eyes and hearts, fostering emotions that motivate them to make positive choices.



giving wings to YOUR dreams



Human Endeavour for Moral Awakening

“ You cannot change your future, but you can change your habits, and surely your habits will change your future ”

-Dr. APJ Abdul Kalam



THOUGHT EMOTION BEHAVIOUR CHARACTER

“One value one month” focuses on developing key capacities, including Cognitive, Social, Ethical, Emotional, and life skills. The process begins with a pre-assessment, followed by an introduction to the value, related movies, and learning tutorials that highlight role models from history to the present day. These values are reinforced through individual and group projects that foster critical thinking, problem-solving, collaboration, and communication skills. The effectiveness is then evaluated through a post-assessment.

One Value - One Month

<p>PERIOD - 01</p> PRE VALUE ASSESSMENT INTRODUCTION OF VALUE BEFORE MOVIE MCQ MOVIE AFTER MOVIE MCQ					<p>LIVING WITH VALUES</p>	<p>ACTIVITES</p> TASK - 1 TASK - 2		<p>FAMILY PBL</p>		<p>RESOURCE</p>	
<p>PERIOD - 02</p> Learning from Moral Story PDF MCQ LEADERS IN ACTION MCQ LEARNING FROM REAL STORY MCQ						SCRAMBLE GAME - 24		<p>INDIVIDUAL PBL</p>			
<p>PERIOD - 03</p> Learning from Moral Story PDF MCQ Let Lesson be the Mission MCQ LEARNING FROM REAL STORY MCQ						WORD GAMES FUTOSHIKI		<p>GROUP PBL</p>			
<p>PERIOD - 04</p> Learning from Moral Story PDF MCQ LEARNING FROM REAL STORY MCQ POST VALUE ASSESSMENT						KEN-KEN PUZZLE		<p>CURIOSITY WITH KINDNESS</p>			
<p>← 80 MARKS →</p>							<p>← 20 MARKS INTERNAL →</p>				

AWARDS-REWARDS PROGRAM



We inspire teachers and students by hosting various workshops, where winners of the online **MEGA QUIZ CONTEST**—featuring quizzes, number games, and word games—receive rewards such as A **BGauss** two-wheeler electric scooter, laptops, tablets, and more. The online contest and its winners are also honoured at the annual **HEMOTSAV** with multiple awards

GRADE WISE ANNUAL CALENDAR

COGNITIVE
CAPACITY

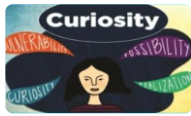
SOCIAL
CAPACITY

ETHICAL
CAPACITY

EMOTIONAL
CAPACITY

LIFE
SKILLS

GRADE - 3



Jigyassa



The Real God



Importance
Of Truth

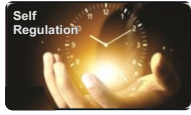


Naadani



Sacchi Lagan

GRADE - 4



Value Of Time



Athanni Ki Khushi



Sukoon Imandari
Mein



Abhay



Anushaasan

GRADE - 5



Sahas



Safety



Sanskriti



Aashaye



Yash Ka Lucky
T-Shirt

PREPARATORY

GRADE - 6



Dakshata



Teamwork



Paropkar



Anubhuti



Swachhata

GRADE - 7



Acceptance



Name Plate



Sangati



Manavta



Dagdu

GRADE - 8



Kartavyanishtha



Ek Choti Pahal



Aalasya Ka Rog



Ahinsa



Anukaran

MIDDLE

GRADE - 9



Eating For Balance



Best Out of Waste



Nazariya



Aastha



Aadat

GRADE - 10



Learn Everything



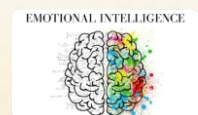
Seva Bhav



Saadgi Or Saralta



Mridubhasha



Stress Bomb

GRADE - 11



Adhyatm



Jal



Dhairya



Kuch Tum Badlo
Kuch Hum Badle



Dayitva

GRADE - 12



Resilience



Relationship



Sadbhav



Forgiveness



Good Luck

SECONDARY



जन्म लेना भाग्य की बात है, मृत्यु होना समय की बात है।
परलोक के बाद लोगों के दिल में रहना कर्म की बात है।।

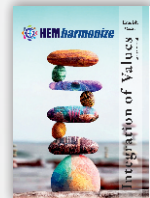
- Smt. Hema Kabra

The Memorandum of Understanding (MOU) outlines the Roles and responsibilities of key stakeholders:

Role of HF	Role of Students	Role of School
Facilitate Registration of School, Teachers & Students in E-portal	Complete 5 Value Course in 1 Year as per 5 Components of Capacity Building by NEP 2020	Value Educator Webinar Series
Orientation Program	Participate in Social Emotional Value Learning Projects (Individual Group)	Earn HF UGC recognized University Value Educator Certificate
Value Educator Webinar series & Resourse materials	Regular Progress Review	Psychometric Study after course completion
School wise Psychometric study after course completion	Participate in Daily HEM Sampark	Award & rewards during HEMOSTAV in Mumbai
Award & rewards during HEMOSTAV in Mumbai	Periodic Online Competition	Earn Value-wise E-certificate & win Prizes



HF WINGS OF VALUE



HEM-Virtues
A Learning Revolution

There are a total of

495869+

Students

15520+

Teachers

6118+

Schools

ADVISORY BOARD



Shri. Mahendra Kabra
Chairman & Managing Trustee



Dr. Chinu Agrawal
Research Head, Trustee



Shri. Manoj Joshi
Trustee



Mrs. Seepra Jajoo
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President - Association of Progressive Schools of Agra



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Partners In Spirit

